



# TRAVEL CHECKLIST

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## Travel Essentials:

- Passport
- Travel itinerary
- Travel tickets (bus, train, boat)
- Maps and directions
- Language guide
- Guidebook
- Boarding pass
- Travel insurance
- Health insurance
- Emergency contact
- Allergy list
- Foreign currency
- Emergency money
- Credit card, debit card
- Travel pillow
- Luggage locks
- Luggage tags
- Optional: Sleeping mask*
- Optional: Earplugs*
- Optional: Money belt*
- Optional: Student card*
- Optional: Visa*
- Optional: Copies of passport and tickets*
- Optional: Driver's license*

## Travel Clothing:

- Business suit
- Comfortable travel short and long sleeve shirts
- Polo shirts
- Comfortable, stretchy travel pants
- Everyday jeans
- Fleece sweater
- Travel shorts
- Dresses and skirts
- Casual jacket, coat or raincoat
- Underwear
- Socks
- Sleepwear
- Swimsuit
- Beach or pool towel
- Scarves
- Hat
- Gloves
- Favorite sunglasses
- Umbrella
- Jewelry

## Travel Health And Hygiene:

- Toothbrush
- Toothpaste
- Dental floss
- Tweezers
- Tissues
- Wet wipes
- Antibacterial wipes
- Shampoo
- Conditioner
- Shower gel
- Hand sanitizers
- Shaving products
- Razors
- Hair comb
- Feminine hygiene products
- Makeup
- Makeup remover
- Skincare products
- Sunscreen
- Medications
- Pain reliever
- Antihistamines
- Diarrhea medication
- Birth control, condoms
- Optional: First aid kit*
- Optional: Contact solution*
- Optional: Face lotion*
- Optional: Moisturizer*
- Optional: Insect repellent*
- Optional: Vitamins*
- Optional: Antibacterial soap*
- Optional: Towels*
- Optional: Finger- and toe-nail clippers*

## Tech For Travel:

- Headphones
- Cellphone
- Cellphone Charger
- Camera
- Camera SD card
- Camera battery charger
- Laptop
- Laptop charger
- E-book reader
- Travel adapter and converter
- Optional: Travel iron*
- Optional: Flashlight*



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- Optional: Scarves, hats, gloves*
- Optional: Belts and ties*
- Optional: Dress shoes*
- Optional: Extra pair of shoes*
- Optional: Leisure shoes*
- Optional: Laundry kit and bag*